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# Topical bismuth oxide-manganese composite nanospheres alleviate atopic dermatitis-like inflammation

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## Abstract

Atopic dermatitis (AD) is a common skin disease involving important immune mechanisms. There is an unmet need for a treatment for this condition. Herein, we focused on elucidating the role of  $\text{Bi}_{2-x}\text{Mn}_x\text{O}_3$  nanospheres (BM) in alleviating skin inflammation in AD-like C57BL/6 mice. The BM was fabricated via sacrificial templates and its biosafety was systematically evaluated. The BM was applied topically to skin lesions of AD-like C57BL/6 mice. The phenotypic and histological changes in the skin were examined carefully. The responses of barrier proteins, inflammatory cytokines and cells to BM were evaluated in HaCaT cells and AD mouse models. The data demonstrated that BM treatment alleviated the AD phenotypes and decreased the level of inflammatory factors, while increasing the expression of the barrier proteins filaggrin/involucrin in the skin. BM effectively reduced the expression of phosphorylated STAT6, which in turn reduced the expression of GATA3, and further decreased the differentiation ratio of Th2 cells, thereby reducing the expression of IL-4. In conclusion, topical drug therapy with BM provides a safe and effective treatment modality for AD by reducing IL-4 and increasing barrier proteins.

## Highlights

This study was the first to explore the feasibility of  $\text{Bi}_{2-x}\text{Mn}_x\text{O}_3$  nanospheres (BM) in agar gel as STAT phosphorylation regulators to improve the clinical manifestations in MC903-induced atopic dermatitis (AD)—like C57BL/6 mice, and to evaluate their immunomodulatory effects in vitro and in vivo. BM showed good skin penetration and system safety. BM reduced the expression of IL-4, IL-13 and p-STAT6 in TNF- $\alpha$ /IFN- $\gamma$ -induced HaCaT inflammatory cells and in the MC903-induced mouse AD model, thereby effectively improving the expression of the barrier protein FLG/IVL and promoting the recovery of damaged skin. Moreover, the ratio of Th2 cells in the skin and spleen was considerably decreased after BM administration in MC903-induced AD mice, indicating that the as-prepared BM inhibits the Th2 cells response in the AD mouse model. BM has the potential to be an innovative therapeutic strategy for AD.

**Keywords** Atopic dermatitis, Skin inflammation, IL-4, STAT6,  $\text{Bi}_{2-x}\text{Mn}_x\text{O}_3$  nanospheres

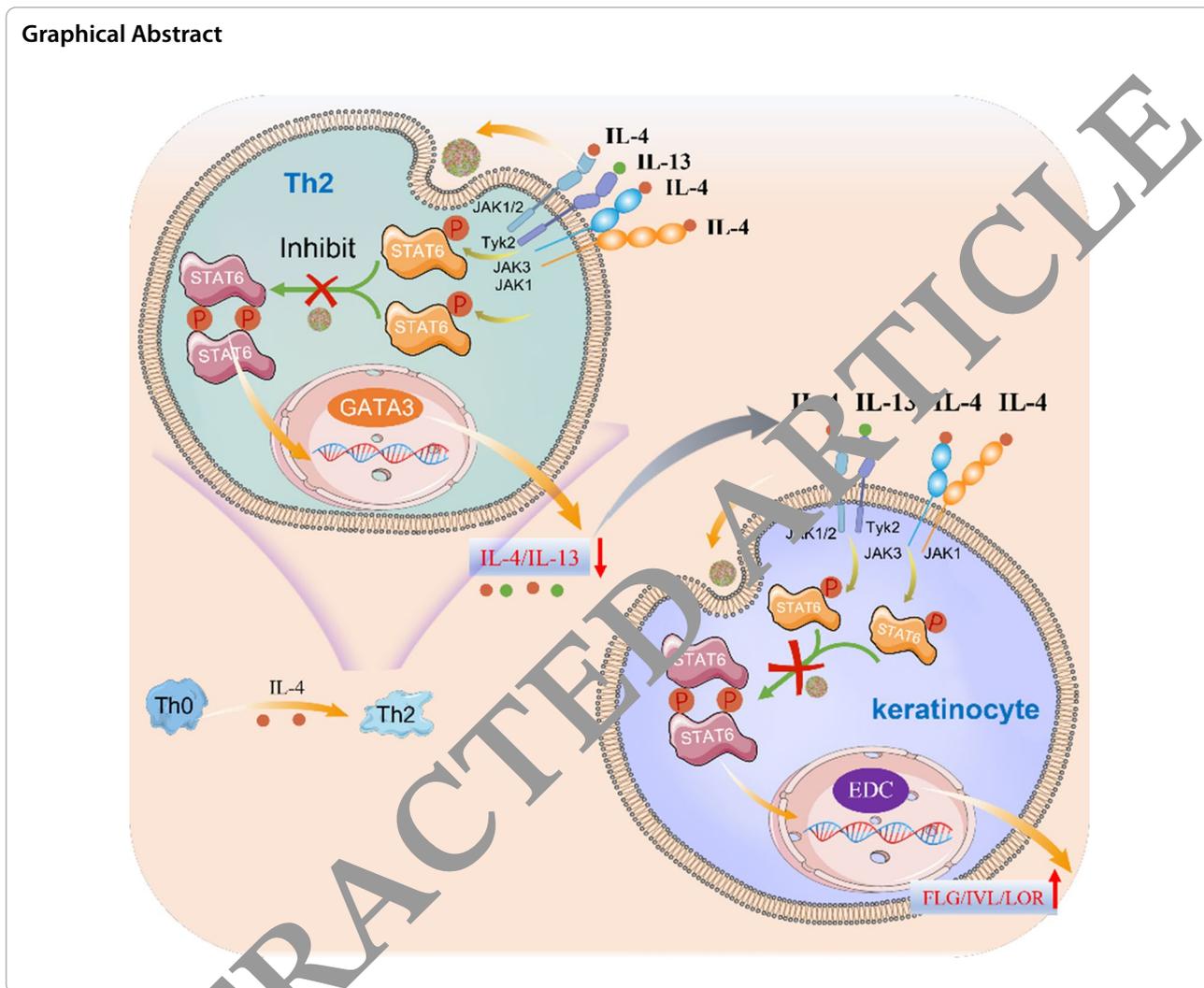
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### Introduction

Atopic dermatitis (AD) is a common recurrent inflammatory immune skin disease affecting 15–20% of children and 2.1–4.9% of adults worldwide, and the prevalence of clinically diagnosed AD in Chinese children aged 1–7 years is 12.94% [1–3]. This disorder is characterized by recurrent, pruritic, and localized eczema, often with seasonal fluctuations [4]. The pathophysiology of AD involves a complex physiological process including skin epidermal barrier dysfunction, microbiome dysregulation and type-2-skewed immune imbalance, all of which are mechanistic drivers for the occurrence of AD [5–7].

For the treatment of AD, topical corticosteroids, calcineurin inhibitors and phosphodiesterase 4 inhibitors are the mainstays for mild to moderate AD, while systemic glucocorticoids, Janus kinase (JAK) inhibitors and biological agents are the main methods for moderate-to-severe AD [8]. These therapeutic approaches mainly

suppress the immune-inflammatory circuit mediated by Th2 cells by modulating the JAK-signal transducers and activators of transcription (JAK-STAT) pathway, which does not meet current clinical needs [5]. Therefore, STAT phosphorylation inhibition has emerged as a more direct and efficient therapeutic strategy for AD [9–11], attracting increased attention and research interest.

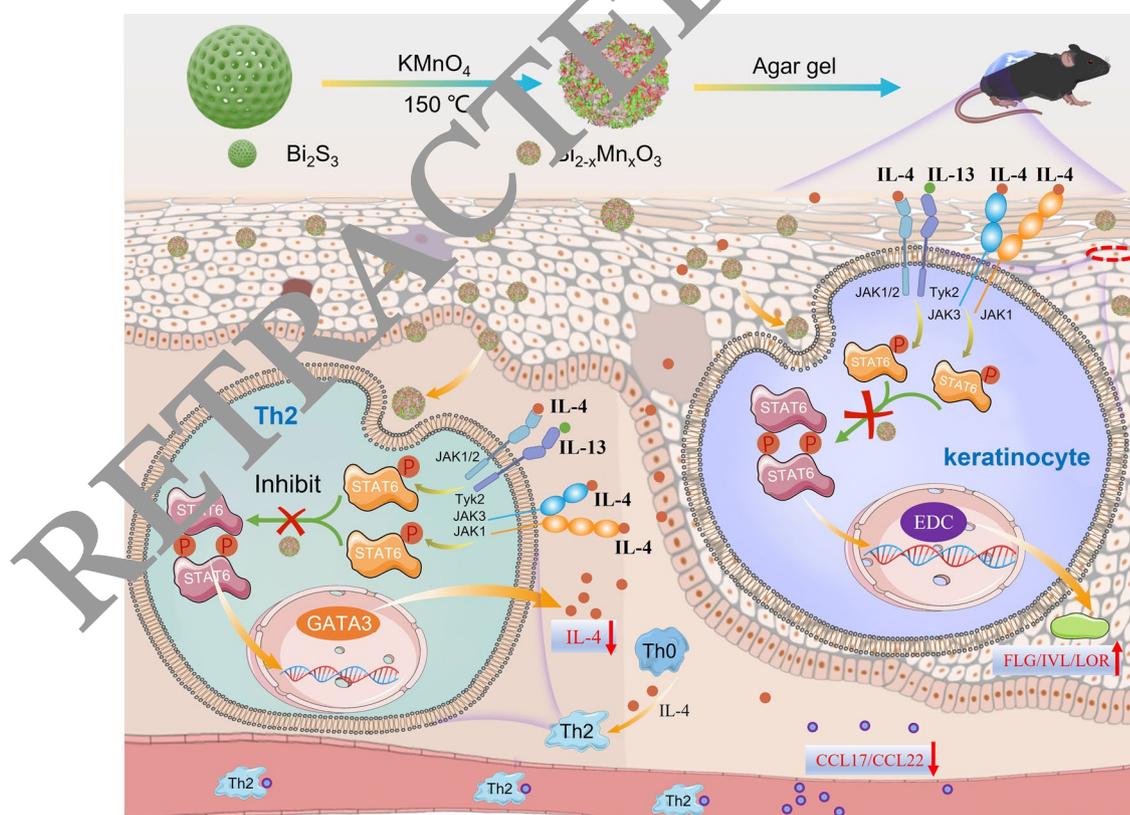
Although many biomolecular phosphorylation inhibitors have good biological activities, their poor transdermal absorption properties and instability of metabolic processes strongly limit their therapeutic efficiency [12, 13]. Nanomaterials and nanocarriers with good rheological properties and stability have shown considerable promise in restoring skin damage [14]. Previous studies have shown that the smaller sized nanoparticles have more opportunities to penetrate into the skin and act in the lesion area and thus appear promising in the treatment and management of patients with AD [15,

16]. Many metal oxides can adsorb phosphorylated peptides, especially the STAT family, thereby reducing the concentration in the cytoplasm [17, 18]. Therefore,  $\text{Bi}_{2-x}\text{Mn}_x\text{O}_3$  hollow nanospheres (BM) were prepared by sacrificing the  $\text{Bi}_2\text{S}_3$  template for the treatment of MC903-induced AD-like mice (Fig. 1). The cellular uptake, transdermal absorption and biosafety of BM were carefully evaluated. The role of BM in regulating the levels of inflammatory cytokines, chemokines, and barrier proteins was evaluated in TNF- $\alpha$ /IFN- $\gamma$ -induced AD inflammatory cells and MC903-induced AD-like mice. Finally, the regulatory effects of BM on the immune inflammatory circuit of AD-like mice were studied through the analysis of STAT6 and GATA3. Therefore, development of nanomedicines as STAT phosphorylation regulators for AD treatment shows promise and is urgently needed.

## Materials and methods

### Fabrication of the BM

BM was synthesized as reported via sacrificial  $\text{Bi}_2\text{S}_3$  templates [19]. Briefly, 30 mg of  $\text{Bi}_2\text{S}_3$  was dispersed uniformly into 30 mL of  $\text{KMnO}_4$  (15 mg) solution with ultrasonication in a 50 mL round bottom flask, followed by 30 min of continuous stirring. Then, the mixture was transferred into a Teflon lined autoclave and kept at 150 °C for 1 h. After natural cooling, the final samples were collected after washing with deionized water and ethanol 3 times. BM1, BM2, and BM3 refer to BM obtained according to different feeding mass ratios of  $\text{Bi}_2\text{S}_3$  to  $\text{KMnO}_4$  (3:1, 2:1, and 1:1, respectively). The mass of the precursor  $\text{Bi}_2\text{S}_3$  was kept unchanged and the mass of  $\text{KMnO}_4$  was changed to obtain BM nanospheres with different Bi/Mn ratios to further explore their anti-inflammatory effects.



**Fig. 1** Schematic illustration of BM alleviating AD. Herein, BM were prepared via sacrificial  $\text{Bi}_2\text{S}_3$  templates, which were loaded in agar gel as STAT phosphorylation regulators for treatment of MC903-induced AD-like mice. BM reduced the expression of IL-4, IL-13 and p-STAT6 in TNF- $\alpha$ /IFN- $\gamma$ -induced HaCaT inflammatory cells and in the MC903-induced mouse AD model, thereby effectively improving the expression of the barrier protein FLG/IVL and promoting the recovery of damaged skin. Moreover, the Th1 and Th2 cell types in mouse skin and spleen were considerably decreased after BM administration in MC903-induced AD mice, indicating that the as-prepared BM inhibits the Th2 cell response in the AD mouse model

### Preparation of agar hydrogels loaded with BM

To make the BM better fit with the skin, BM was fully mixed with agar gel and then applied to the back skin of the mice. Briefly, 100 mg of agarose was added to 10 mL of DI water at 75 °C with ultrasound until complete dissolution, followed by the addition of 10 mg of BM. Then, after 10 min of stirring, the mixture was cooled at 4 °C to obtain 0.1% (w/w) BM composite hydrogels. Agarose was employed to form hydrogels due to its excellent cytocompatibility.

### Characterization

The morphology and structure of as-gained products were collected by field emission scanning electron microscopy (FESEM) (SU8020, Hitachi, Japan), transmission electron microscopy (TEM) (JEM-2100F, JEOL, Japan), and scanning transmission electron microscopy (STEM) energy dispersive spectroscopy (EDS) (SU8020, Hitachi, Japan), respectively. X-ray photoelectron spectra (XPS) were obtained from x-ray photoelectron spectrometer (ESCALAB250Xi, Thermo Scientific, US). The rheological properties were investigated by rotational rheometer (Kinexus, Malvern Instrument, UK). The Mn ion level was analysed by inductively coupled plasma-mass spectrometry (ICP-MS) (iCAP RQ, Thermo Scientific, US). Fluorescence images were investigated by confocal laser scanning microscopy (CLSM) (LMS 880, Carl Zeiss, Germany) (TI-E + A1 SI, Nikon, Japan). The mononuclear cells were analysed by a flow cytometer (CytoFLEX, Beckman Coulter, USA). The hydrodynamic size distribution was determined by dynamic light scattering (DLS) spectroscopy (Nano Z 90, Malvern Zetasizer, UK).

### Cellular uptake and cell viability assays

Nile red (NR) was employed as a classic red fluorescence dye to investigate the uptake properties of BM (NR@BM) via CLSM analysis. HaCaT cells were incubated with different concentrations of NR@BM solution for 24 h, and then the cellular red fluorescence intensity was monitored by CLSM. Cytotoxicity assays were implemented via CCK-8 kit (Beyotime, Shanghai, China) after HaCaT cells were incubated with different concentrations of BM solution for 24 h.

### Cell tests

Human immortalized keratinocyte (HaCaT) cells (KeyGEN Biotech, Nanjing, China) were cultured in DMEM-high glucose with 1% penicillin/streptomycin and 10% foetal bovine serum. HaCaT cells were cultured in 3.5 cm culture dishes and divided into five groups, and then were stimulated with recombinant human TNF- $\alpha$ /IFN- $\gamma$  (20 ng/mL, PeproTech, NJ, USA) and TNF- $\alpha$ /IFN- $\gamma$  for 12 h. The cells were then treated with BM1, BM2,

and BM3 (blank: only HaCaT cells without treatment, TNF- $\alpha$ /IFN- $\gamma$ : HaCaT cells stimulated with TNF- $\alpha$ /IFN- $\gamma$ , BM1: HaCaT cells stimulated with TNF- $\alpha$ /IFN- $\gamma$  and BM1, BM2: HaCaT cells stimulated with TNF- $\alpha$ /IFN- $\gamma$  and BM2, BM3: HaCaT cells stimulated with TNF- $\alpha$ /IFN- $\gamma$  and BM3).

In contrast, HaCaT cells were stimulated with IL-4 (20 ng/mL, PeproTech, Rocky Hill, US) for 12 h to establish an inflammatory cell model induced by the Th2 cell signalling cascade [20]. The cells were also divided into five groups: blank: only HaCaT cells without treatment, IL-4: HaCaT cells stimulated with IL-4, BM1: HaCaT cells stimulated with IL-4 and BM1, BM2: HaCaT cells stimulated with IL-4 and BM2, and BM3: HaCaT cells stimulated with IL-4 and BM3.

TNF- $\alpha$ /IFN- $\gamma$  and IL-4 were used to stimulate HaCaT cells to create inflammatory cell models. Then, the levels of cytokines (IL-4, IL-13) and chemokines (CCL-17, CCL-22) were detected in the supernatant of HaCaT cells by qRT-PCR and ELISA. The levels of FLG, IVL, p-STAT6, and GATA3 were separately analysed by WB and qRT-PCR.

### Determination of skin penetration and biosafety of BM in vivo

The dorsal skin of AD-like mice after 9 days was coated with NR-labelled BM (NR@BM) agar gel, which was collected and embedded into the optimal cutting temperature after interval incubation time of 2, 6 and 12 h. The main organs (heart, liver, spleen, lung and kidney) were harvested and digested to measure the Mn levels analysed by ICP-MS after 9 days of treatment with BM2. The in vivo biosafety of BM2 was investigated by blood biochemistry tests and H&E staining analysis of major organs after 9 days of treatment with BM2 agar gel.

### Animal tests

Female C57BL/6 mice were placed in the SPF animal laboratory of the Animal Center of Anhui Medical University, which was approved by the Institutional Ethics Committee of Anhui Medical University (Animal Ethics Committee No. 20190403). Female mice were assessed at 8–10 weeks of age. All animals had free access to water and food and were maintained on a 12 h light–dark cycle at 22  $\pm$  2 °C under specific pathogen-free conditions. Type 2 skin inflammation, mimicking human atopic dermatitis, was reported to be induced by topical application of MC903 (calcipotriol), a low-calcium analogue of vitamin D3, and is characterized by an increase in thymic stromal lymphopoietin (TSLP) in mouse keratinocytes, which can act as an initiating cytokine at the top of the chain of immunological events leading to an AD-like phenotype [21]. The establishment of the AD mouse

model was described in a previous study [22–24]. Here, we used the MC903-induced AD mouse model for our study. When MC903 (TOCRIS, Avon, UK) is applied to mouse back skin, hair should be removed 2 days before starting the topical applications. MC903 ( $45 \text{ nmol mL}^{-1}$ ) was topically applied for dorsal skin of approximately six-week-old mice ( $50 \mu\text{L}$  for  $2 \times 2 \text{ cm}^2$ ) every day for 9 days. The mice were randomly divided into seven groups, the blank, MC903, dexamethasone (Dex), agar gel, BM1, BM2 and BM3 groups, each with 5 animals. The blank group was not treated. MC903 was applied to mice of the other six groups in the morning every day. In the last five groups, 100 mg of 0.05% Dex acetate, 100 mg of agar gel, 100 mg of 0.1% (w/w) BM1, 100 mg of 0.1% (w/w) BM2, and 100 mg of 0.1% (w/w) BM3 were sequentially applied on the same dorsal skin of mice in the afternoon every day for 10 days.

The severity of dermatitis on the dorsal skin lesions was evaluated. The dermatitis scores were evaluated for four symptoms; erythema/haemorrhage, scarring/dryness, oedema, and excoriation/erosion were scored as 0 (no symptoms), 1 (mild), 2 (moderate), and 3 (severe). The sum of the four symptoms was considered as the dermatitis score [25]. The skin thickness was measured by thickness metre.

After the modelling, dorsal skin was collected for histological analysis. The levels of cytokines (IL-4, IL-13) and chemokines (CCL-17, CCL-22) were detected in the back skin and serum of mice by qRT-PCR and ELISAs. The levels of FLG, IVL, p-STAT6 and GATA3 in the back skin of mice were analysed by WB, IHC, and qRT-PCR.  $\text{CD4}^+/\text{IFN-}\gamma^+$  T cells and  $\text{CD4}^+/\text{IL-4}^+$  T cells in skin and spleen tissue were detected by flow cytometry (Beckman Coulter). The protein expression levels of GATA3 and p-STAT6 were tested by WB.

The spleens of female C57BL/6 mice were ground and digested.  $\text{CD4}^+$  T cells originating from the spleen were sorted by a MoFlo XDP sorting flow cytometer (Beckman) and then cultured overnight in an incubator with IL-4 stimulation. The expression of GATA3 and p-STAT6 in  $\text{CD4}^+$  T cells upon IL-4 stimulation was detected by qPCR and WB.

### Statistical analysis

The significant differences between groups were identified using one-way ANOVA. When multiple groups of data did not show normality and homogeneity of variance, the Kruskal–Wallis test was used to compare the differences among each group of data. All data are presented as the mean  $\pm$  standard error of the mean. All data analyses were performed using GraphPad Prism 8.0 software. A  $P$ -value  $< 0.05$  was considered statistically significant ( $*P < 0.05$ ,  $**P < 0.01$ ,  $***P < 0.001$ ).

## Results and discussion

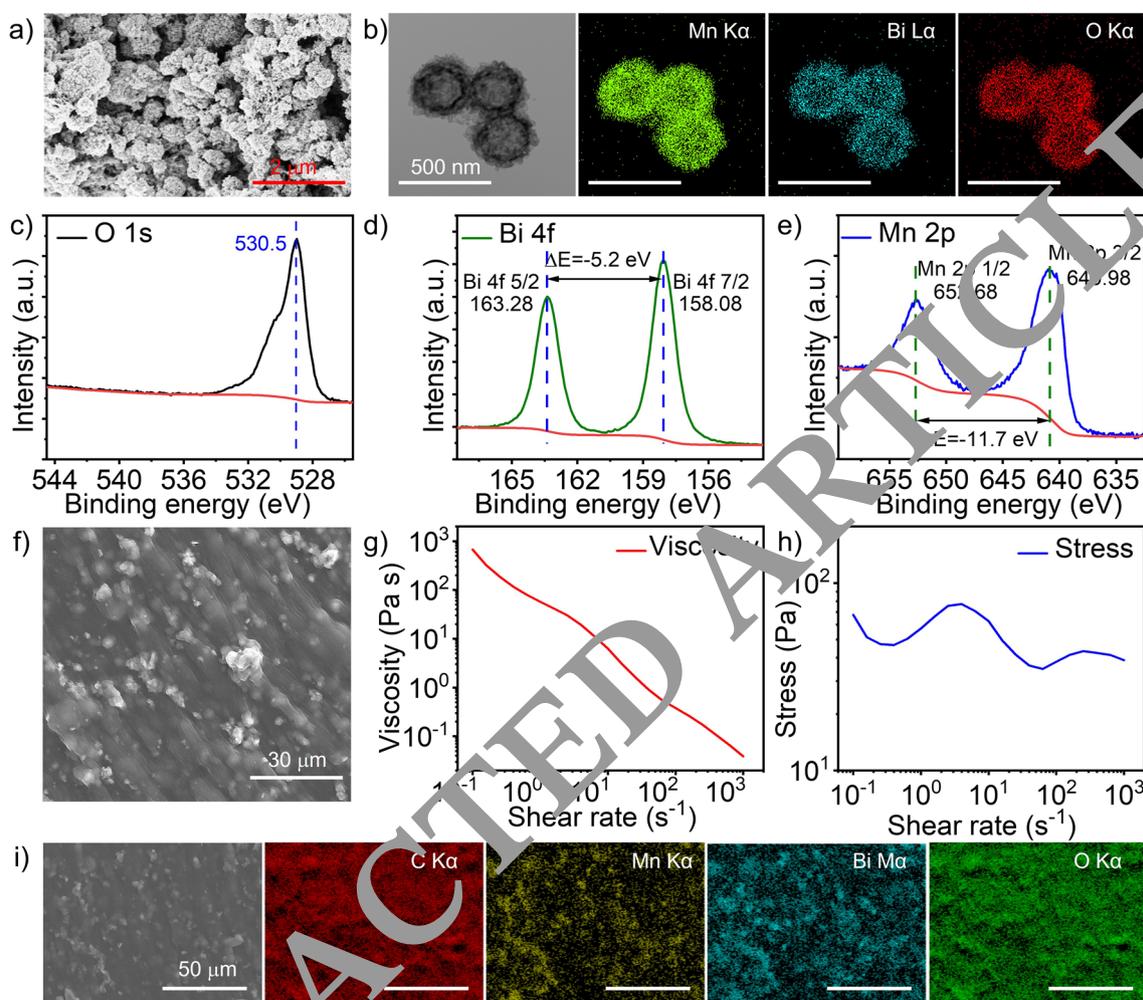
### Preparation of BM and agar gel

BM was synthesized by a typical solvothermal reaction via sacrificial  $\text{Bi}_2\text{S}_3$  templates. BM was synthesized by a typical solvothermal reaction via sacrificial  $\text{Bi}_2\text{S}_3$  templates. BM1, BM2, and BM3 refer to BM obtained according to different feeding mass ratios of  $\text{Bi}_2\text{S}_3$  to  $\text{KMnO}_4$  (3:1, 2:1, and 1:1, respectively). The mass of the precursor  $\text{Bi}_2\text{S}_3$  was kept unchanged and the mass of  $\text{KMnO}_4$  was changed to obtain BM nanospheres with different Bi/Mn ratios. The average hydrodynamic sizes of  $\text{Bi}_2\text{S}_3$ , BM1, BM2, and BM3 were captured to be approximately,  $255.93 \pm 0.38$ ,  $267.15 \pm 0.73$ ,  $289.78 \pm 0.72$ , and  $299.69 \pm 0.48$ , respectively, indicating that the average size of BM was slightly larger than that of  $\text{Bi}_2\text{S}_3$ . The polydispersity index (PDI) for all the samples was less than 0.3, revealing the respectable dispersibility (Additional file 1: Fig. S1, Table S2). Then, the morphology of BM2 was identified by SEM and TEM (Fig. 2a, b). The elemental mapping images showed that the mean diameter of BM was  $\sim 60 \text{ nm}$  with an even distribution of Mn, Bi and O, thereby confirming the successful fabrication of BM2. In addition, the surface electronic state of BM was monitored by XPS. As shown in Fig. 2c–e, the peak observed at 530.5 eV belonged to the O 1s orbital, two prime peaks located at 163.28 and 158.08 eV corresponded to the Bi  $4f_{5/2}$  and Bi  $4f_{7/2}$  orbitals, respectively, and two peaks at 152.68 and 640.98 eV were related to the Mn 2p orbital, which further illustrated the successful synthesis of BM2.

For analysis of the role of BM in reducing inflammation in the AD mouse model, BM was loaded into agar gel for better skin penetration performance. The SEM image (Fig. 2f) and viscosity measurements demonstrated (Fig. 2g, h) the successful preparation of the agar gel. In addition, the elemental mapping images (Fig. 2i) suggested the uniform distribution of BM in the agar gel. The XPS spectra of BM1, BM2 and BM3 were measured to further explore their component difference. The overall change in the oxygen atom content was not obvious, while the Bi content decreased, and the Mn content increased in turn (Additional file 1: Fig. S2, Table S3).

### Regulatory effect of BM on inflammatory cytokines, chemokines and barrier proteins of HaCaT cells by TNF- $\alpha$ /IFN- $\gamma$ stimulation

The cytotoxicity test showed slight decrease in relative HaCaT cell viability with increasing incubation material concentration, confirming the good biocompatibility of BM (Additional file 1: Fig. S3). IL-4- and IL-13-induced Th2 responsiveness has been shown to be critically implicated in the pathogenesis of AD. The production of CCL17 and CCL22 by antigen-stimulated

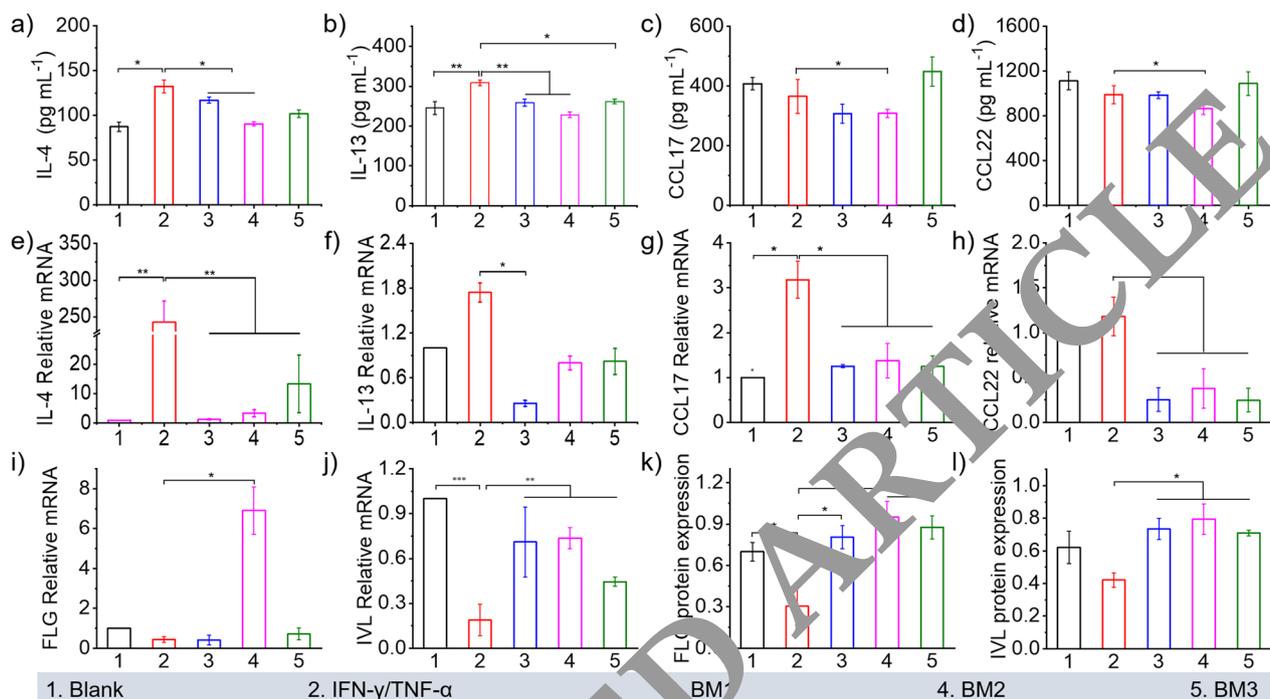


**Fig. 2** Characterization of BM2 and BM2 agar gel. **a** SEM of BM nanospheres. **b** STEM of BM2 nanospheres and corresponding elemental mappings of Bi, Mn and O. Scale bars 500 nm. **c** XPS spectrum of O 1s peaks, Bi 4f, and Mn 2p. **f** SEM image and digital picture of the BM2 agar gel. **g, h** Rheological properties of the BM2 agar gel. **i** Elemental mappings of the BM2 agar gel containing Bi, Mn and O

naive CD4<sup>+</sup> T cells in AD patients is higher than that in healthy controls. To investigate the role of BM in AD, TNF- $\alpha$ /IFN- $\gamma$  was used to stimulate HaCaT cells create AD inflammatory cell models, which are widely used to find potential candidates for the treatment of AD. The levels of IL-4, IL-13, CCL-17 and CCL-22 in HaCaT cells were significantly increased by stimulation with TNF- $\alpha$ /IFN- $\gamma$  compared with those in the blank group, proving that the inflammatory cell model was successfully constructed (Fig. 3a–d). The groups treated with BM exhibited decreased expressions. The corresponding mRNA levels of the above inflammatory factors were reduced similarly after BM treatment, as shown by qRT-PCR analysis (Fig. 3e–h). Upon stimulation with TNF- $\alpha$ /IFN- $\gamma$ , FLG and IVL were decreased similarly at the mRNA (Fig. 3i, j) and protein (Fig. 3k, l) levels, and the opposite results were observed in

the groups treated with BM. These results indicated that the as-prepared BM could alleviate TNF- $\alpha$ /IFN- $\gamma$ -stimulated AD inflammation and recover skin barrier proteins, with BM2 exhibiting the most significant effect. We speculated that excessive Mn content could promote the release of proinflammatory inflammatory factors, while low Mn content was unable to significantly alleviate inflammation; thus, BM2 exhibited the most significant effect.

It has been reported that p-STAT6 induced by IL-4 stimulation is a critical step in driving Th2-mediated immune inflammation. Therefore, the effect of BM on p-STAT6 expression was carefully studied. TNF- $\alpha$ /IFN- $\gamma$  stimulation induced the overexpression of p-STAT6 in HaCaT cells, but the expression of p-STAT6 was down-regulated after BM treatment, demonstrating that BM effectively relieved the immune-inflammatory state of



**Fig. 3** The inflammation levels of HaCaT cells after TNF- $\alpha$ /IFN- $\gamma$  stimulation and BM treatment. The levels of **(a)** IL-4, **(b)** IL-13, **(c)** CCL17, and **(d)** CCL22 in HaCaT cells analysed by ELISAs. The mRNA levels of the inflammatory factors IL-4, IL-13, CCL17 and CCL22 **(e–h)** were analysed by qRT-PCR. Corresponding mRNA levels of **(i)** FLG and **(j)** IVL in HaCaT cells from each group. The levels of the proteins **(k)** FLG and **(l)** IVL in different groups were normalized against the protein expression of GAPDH, and the corresponding protein greyscale statistics were analysed. One-way ANOVA was used for data analysis in **(a–d)** and **(k–m)** and the Kruskal–Wallis test was used for data analysis in **(i, j)**. The results are expressed as the mean  $\pm$  standard deviation ( $n=5$ ) (\* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ )

HaCaT cells stimulated by TNF- $\alpha$ /IFN- $\gamma$  (Additional file 1: Fig. S4).

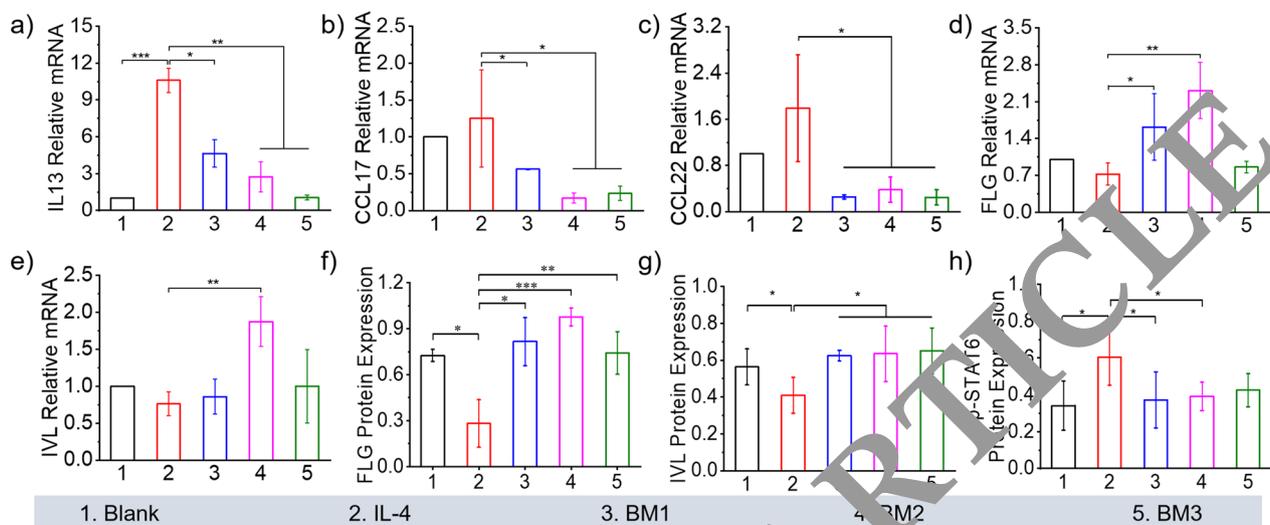
#### Regulatory effect of BM on inflammatory cytokines, chemokines and barrier proteins in HaCaT cells stimulated with IL-4

Moreover, IL-4, as the core of the entire Th2-driven immune-inflammatory circuit, was used to stimulate HaCaT cells to establish an inflammation model. The relative secretion levels of inflammatory factors and chemokines were determined to evaluate the regulatory effect of BM. The mRNA expression levels of IL-13, CCL-17 and CCL-22 were increased after stimulation with IL-4, and decreased after BM treatment, revealing that the inflammatory HaCaT cell model by IL-4 stimulation aggravated the secretion of related inflammatory factors and was effectively relieved after BM administration (Fig. 4a–c). Furthermore, the mRNA expression of FLG and IVL in HaCaT cells was decreased after IL-4 stimulation, and significantly increased after BM treatment (Fig. 4d, e). Consistent with the RNA expression levels of FLG and IVL, the related protein expression of FLG and IVL showed the most significant performance in the BM2 group (Fig. 4f, g), indicating that BM promoted the

restoration of skin barrier proteins in HaCaT inflammatory cells after IL-4 stimulation. The transcription factor p-STAT6 was also increased significantly by IL-4 stimulation, and it was downregulated after BM intervention (Fig. 4h). During this process, the same trends in both inflammatory cytokines and barrier proteins were found. We speculated that the mechanism of BM on STAT6 phosphorylation regulation was based on the selective adsorption of transition metal oxides to phosphorylated proteins.

#### Skin penetration, cellular uptake and biosafety evaluation of BM

Before exploring the therapeutic effects of BM, its permeability in the dorsal skin of the AD mouse model was evaluated by CLSM. The biodistribution and accumulation in different cutaneous layers were analysed by CLSM. As shown in Fig. 5a, after 2 h of incubation, red fluorescence was found under the epidermis, but the red fluorescence intensity of NR in the dermis was negligible. Then, the dermis displayed a bright red fluorescence intensity than the epidermis in a time-dependent manner at 6 h. The fluorescence intensity remained bright in the dermis at 12 h, while it was undetectable



**Fig. 4** The levels of inflammatory factors and barrier proteins in HaCaT cells after IL-4 stimulation and BM treatment. The mRNA levels of (a) IL-13, (b) CCL17 and (c) CCL22 in HaCaT cells. Corresponding mRNA levels of (d) FLG, and (e) IVL in HaCaT cells from each group. (f–h) Corresponding protein greyscale statistical analysis in HaCaT cells from each group normalized against protein expression of GAPDH. The results are expressed as the mean  $\pm$  standard deviation. The Kruskal–Wallis test was used for data analysis in (a–e), and one-way ANOVA was used for data analysis in (f–h) ( $n=5$ ) (\* $P<0.05$ , \*\* $P<0.01$ , \*\*\* $P<0.001$ )

in the epidermis, suggesting that the as-prepared BM2 could permeate the epidermis. Notably, particles with diameter below  $0.5 \mu\text{m}$  could be effectively penetrate the epidermis through hair follicles, in which a higher red fluorescence was captured. The above results demonstrated the effective penetration of BM in AD thickened epidermis.

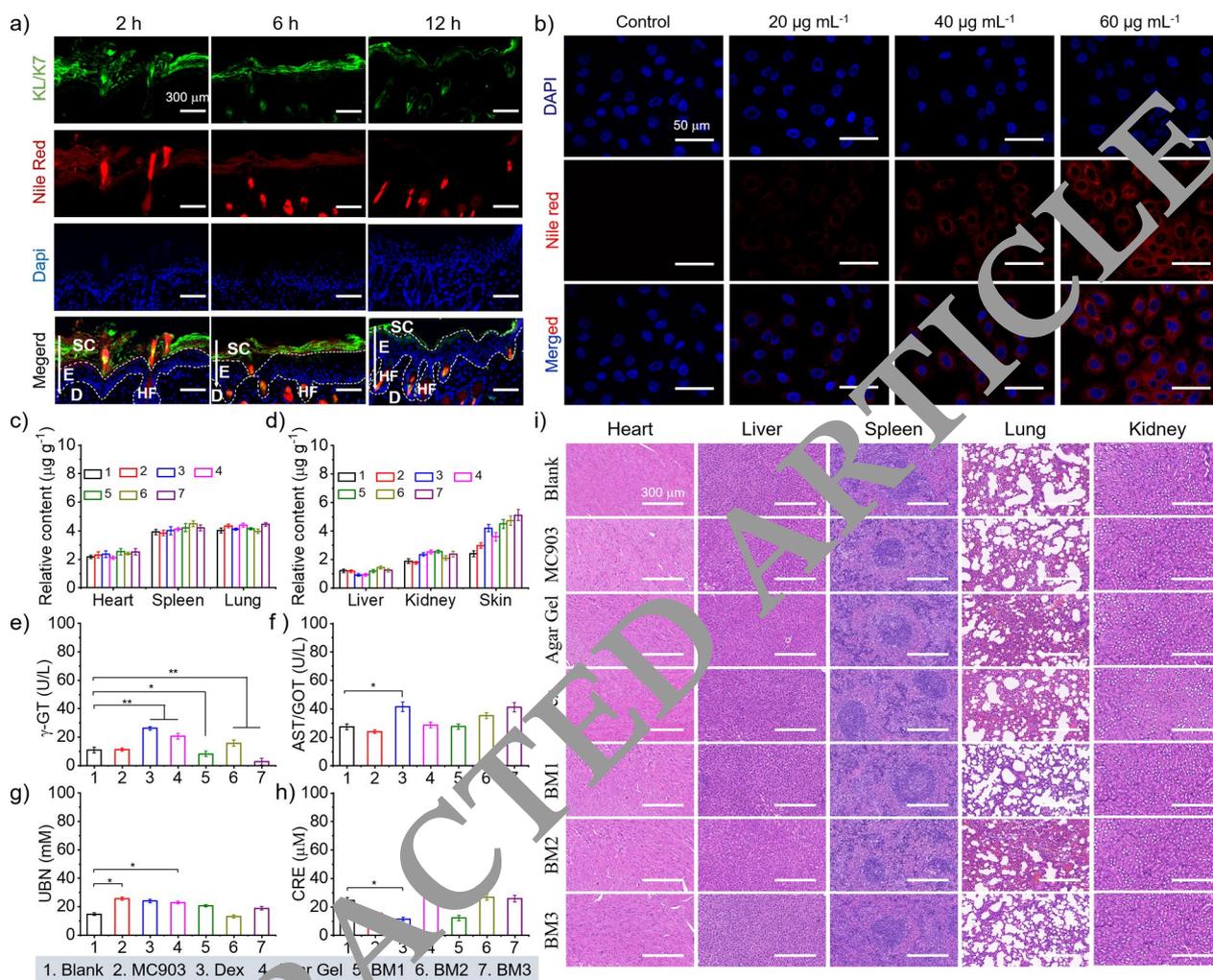
At the cellular level, NR@BM was employed to evaluate the endocytosis efficiency of different concentrations (20, 40,  $60 \mu\text{g mL}^{-1}$ ) by CLSM. As shown in Fig. 5b, the intracellular NR fluorescence intensity in HaCaT cells was significantly enhanced after 4 h of incubation with NR@BM compared to phosphate buffered saline, illustrating that NR@BM could be effectively phagocytized by HaCaT cells.

The major organ distribution of Mn in vivo was carefully evaluated in the AD mouse model. As shown in Fig. 5c, d, there was no significant difference in the Mn levels in the heart, liver, spleen, lung and kidney among the seven groups suggesting that BM2 was mainly retained in skin layer during the treatment period. No abnormalities in blood biochemical indices were observed, as shown in Fig. 5e–h, and no obvious damage or inflammation in the H&E-staining of major organs was observed, as shown in Fig. 5i, suggesting the biosafety of BM agar gel during the treatment.

#### BM alleviates the skin inflammatory phenotype

After systematically identifying the good skin penetration and biosafety of as-prepared BM, the therapeutic

effect of BM on MC903-induced AD-like mouse model was subsequently evaluated. The body weight, skin thickness and AD dermatitis score of each group of mice were recorded three times in parallel every two days during the experiment to identify therapeutic effect of BM on MC903-induced mice. Negligible changes in body weight were observed after all treatments in the mouse experiments (Additional file 1: Fig. S5). There was no inflammatory reaction in the dorsal skin of the untreated mice. The dorsal skin of the mice induced by MC903 showed AD-like lesions, which were characterized by epidermis thickening, redness, dryness, scaling, peeling, etc. (Fig. 6a–d). Each application of MC903 to the dorsal skin accelerated dermatitis development. These dorsal morphological changes were reversed after BM and Dex treatments (Fig. 6e), and the severity of dermatitis in the groups treated with BM and Dex was reduced on the 6th day. In addition, dermatitis scores were significantly lower in the groups treated with BM and Dex (Fig. 6d). H&E staining showed a normal epidermis and dermis in the blank group, while thickening of the epidermis, and lymphocyte and eosinophil infiltration in the dermis were observed in the MC903 group. Both BM and Dex treatment significantly improved histopathological changes, reducing the thickness of the epidermis and the infiltration of inflammatory cells in the tissue, respectively (Fig. 6f).



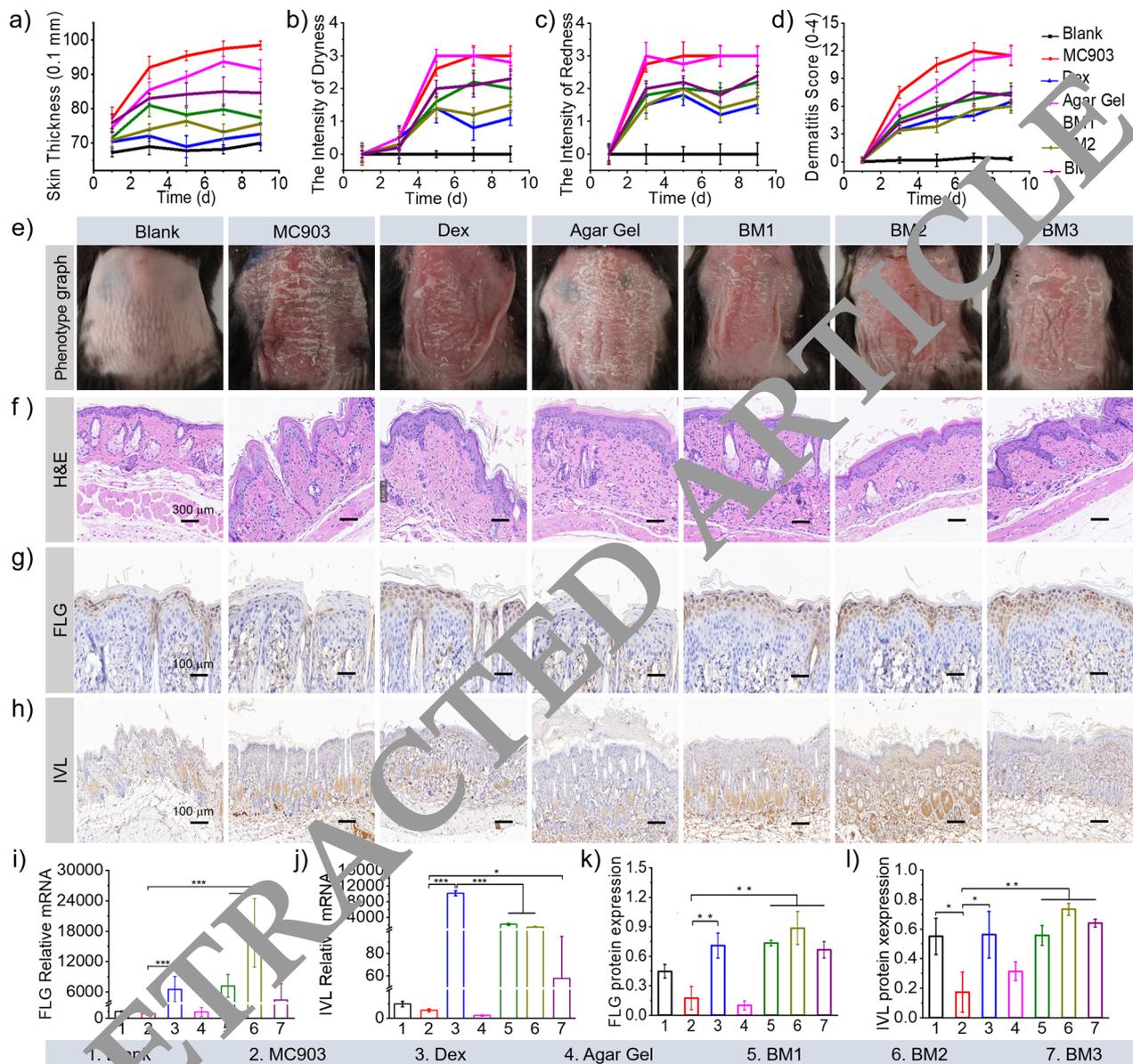
**Fig. 5** Skin penetration, cellular uptake and biosafety evaluation. **a** Penetration of NR-loaded BM agar gel (red) in AD-like lesion skin after topical administration by CLSM (scale bar: 300  $\mu\text{m}$ ). **b** Cellular uptake evaluation of HaCaT cells after 4 h incubation with NR loaded BM at different concentrations (20, 40 and 60  $\mu\text{g mL}^{-1}$ ). Scale bar: 50  $\mu\text{m}$ . **c, d** Content of Mn retained in skin and major organs, including the liver, kidney, heart, spleen, and lung, calculated by ICP-MS. **e–h**  $\gamma$ -GT, AST, UBN and CRE levels in mouse serum after 9 days of treatment with BM agar gel. **i** H&E staining images of the excised organs of AD-like mice at 9 days post-treatment. The results are expressed as the mean  $\pm$  standard deviation. One-way ANOVA was used for data analysis in **(e)**, and the Kruskal–Wallis test was used for data analysis in **(g, h)** ( $n=5$ ) (\*  $P<0.05$ , \*\*  $P<0.01$ )

### BM increased the expression of barrier proteins and reduced inflammation in AD-like mice

Immunohistochemical staining revealed that the damaged skin phenotype was characterized by discontinuous and relatively weak expression of FLG and IVL in the MC903 and Agar gel groups. In contrast, we observed stronger and more continuous expression of FLG and IVL in samples from the baseline injury area in the groups treated with BM and Dex (Fig. 6g, h). Among the groups with BM treatment, the expression in the BM2 group was the most significant and was similar to that in the Dex group.

The mRNA expression levels of FLG and IVL decreased significantly in the MC903-induced mice, but increased after BM treatment (Fig. 6i, j). The expression of the barrier proteins FLG and IVL was upregulated significantly in the groups treated with BM and Dex, as shown by WB (Fig. 6k, l). These results indicated that BM significantly increased the expression of barrier proteins in AD-like mice, which in turn promoted the recovery of damaged barriers.

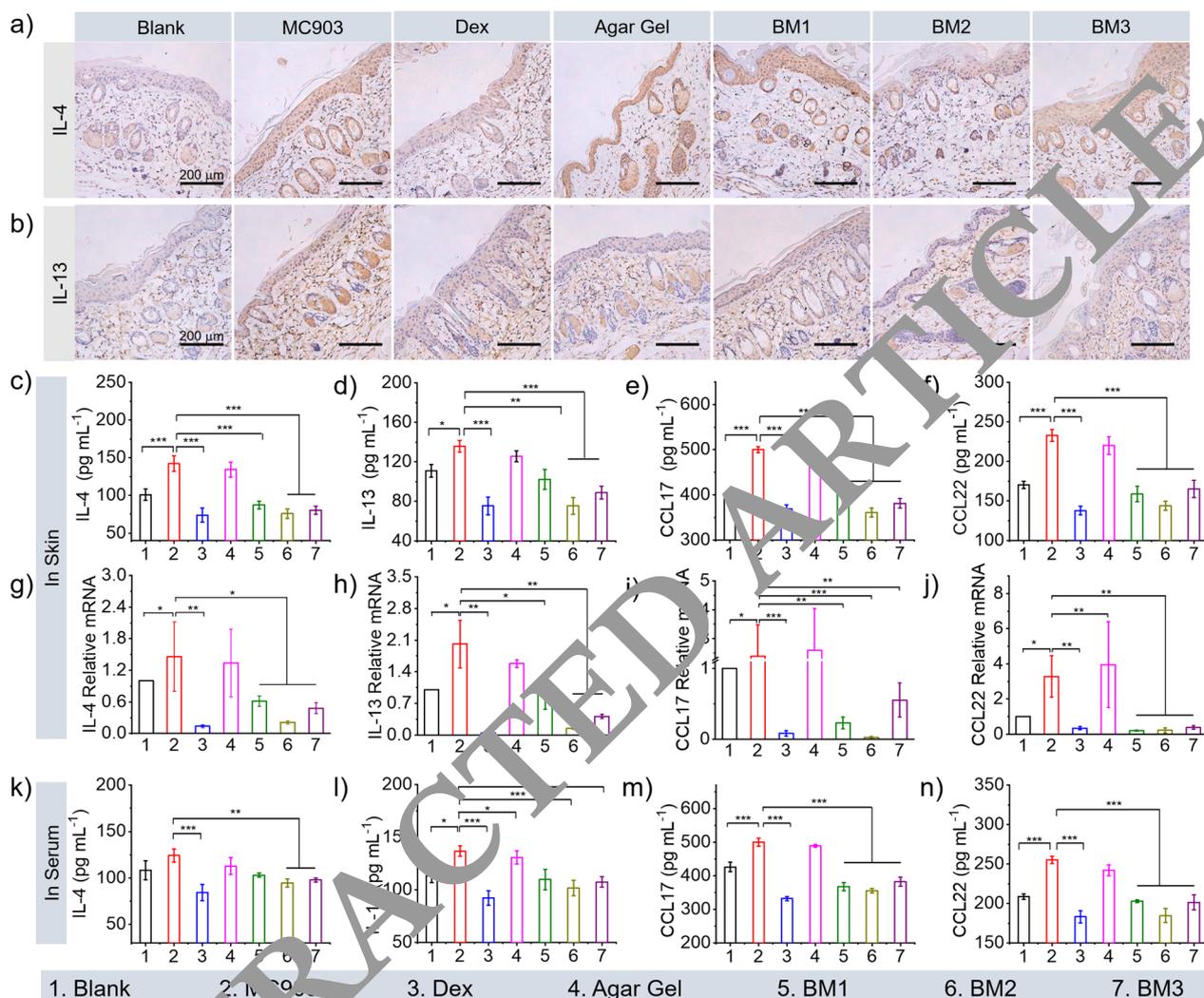
IHC staining revealed a significant upregulation of IL-4 and IL-13 in the MC903 group compared to the blank group, while a significant decrease in IL-4 and



**Fig. 6** Dermatitis score, the levels of inflammation factors and barrier proteins of mouse skin lesions during 9 days of the experiment **(a)** skin thickness, **(b)** dryness intensity, **(c)** redness intensity, **(d)** dermatitis score, **(e)** phenotype graph of mouse dorsum from each group. **f** H&E staining image of dorsal skin sections (magnification,  $\times 200$ ). **g, h** The expression of FLG and IVL determined by IHC analysis (magnification,  $\times 100$ ). **i, j** The mRNA expression of FLG and IVL in the skin from each group was analysed by real-time PCR. **k, l** Density levels of the FLG and IVL proteins in the dorsal skin of mice normalized against the protein expression of GAPDH. The results are expressed as the mean  $\pm$  standard deviation. One-way ANOVA was used for data analysis in **(i, j)**, and the Kruskal–Wallis test was used for data analysis in **(k, l)** ( $n=5$ ) ( $*P < 0.05$ ,  $**P < 0.01$ ,  $***P < 0.001$ )

IL-13 staining was observed in the groups treated with BM compared to the MC903 group (Fig. 7a, b). As shown in Fig. 7c–f, the levels of IL-4, IL-13, CCL-17 and CCL-22 in the MC903 and agar gel groups were generally higher than those in the blank group, while the groups treated with BM and Dex exhibited significant decreased expression of these inflammatory factors

in the skin and serum of AD-like mice. As shown in Fig. 7g–j, the mRNA levels of IL-4, IL-13, CCL-17, and CCL-22 exhibited the same trend. These results demonstrated that BM effectively reduced the skin immune inflammatory response and promoted skin repair in the MC903-induced mice. Then, the relative concentrations of IL-4, IL-13, CCL17, and CCL22 in serum from each group analysed by ELISAs further confirmed that BM



**Fig. 7** Inflammatory factor levels of IL-4, IL-13, CCL17, and CCL22 in mice after treatment. Protein expression of (a) IL-4 and (b) IL-13 by IHC analysis (magnification,  $\times 200$ ). (c-f) Corresponding mRNA levels of IL-4, IL-13, CCL17 and CCL22 in skin from each group obtained by qRT-PCR. Relative concentrations of IL-4, IL-13, CCL17 and CCL22 analysed by ELISAs, (g-j) in skin, (k-n) in serum. The results are expressed as the mean  $\pm$  standard deviation. One-way ANOVA was used for data analysis in (c-f) and (k-n), and the Kruskal–Wallis test was used for data analysis in (g-j) ( $n = 5$ ) (\* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ )

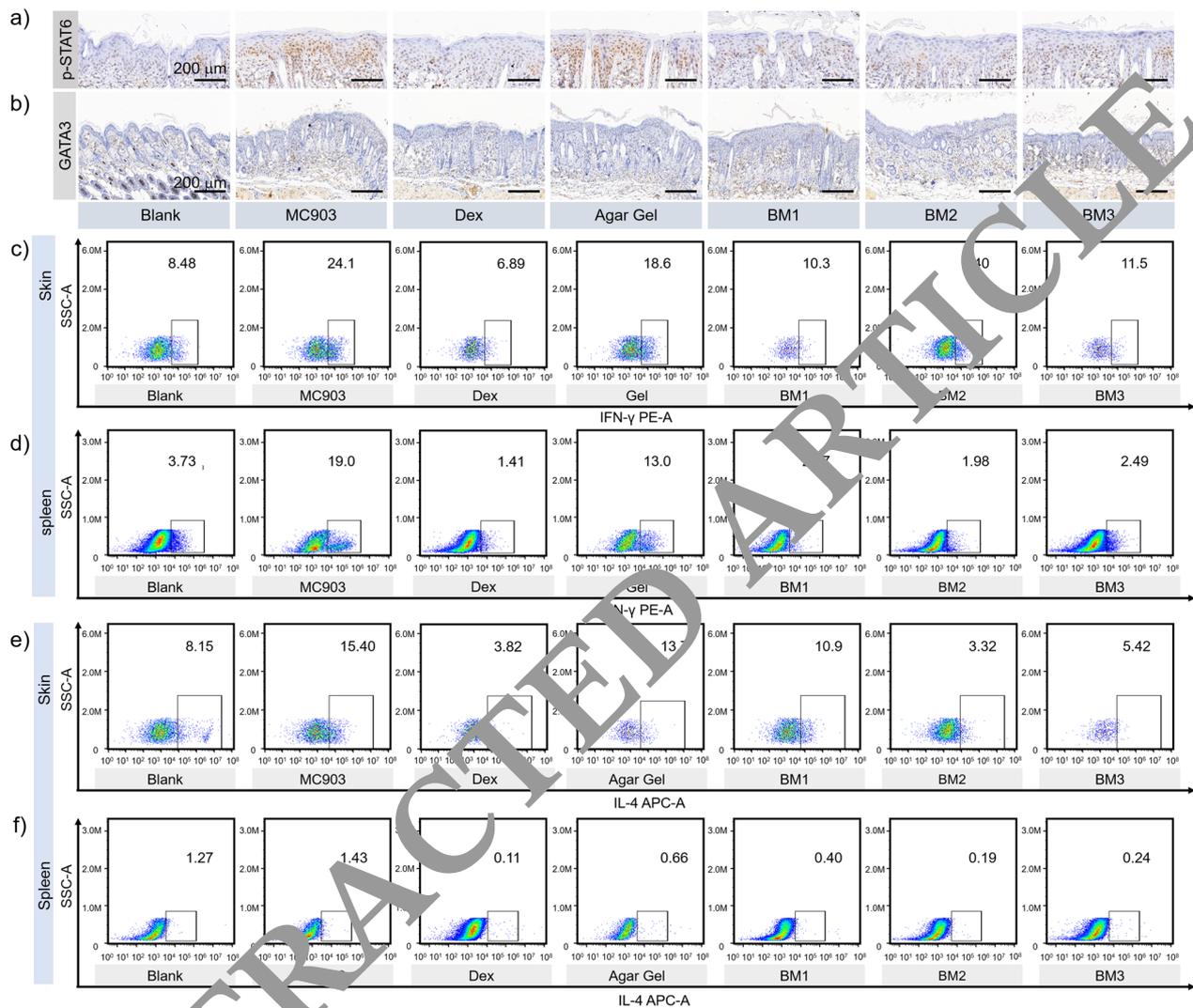
could downregulate the inflammatory factors to promote the recovery of AD lesions (Fig. 7k–n).

**BM inhibited inflammatory responses in AD-like mice by regulating the expression of p-STAT6**

As shown in Fig. 8a, b, GATA3 and p-STAT6 expression levels in spleen were significantly increased in the MC903 group compared to the blank group, whereas they were reduced in the BM2 group, illustrating that as-prepared BM2 downregulated p-STAT6 and the nuclear transcription factor GATA3, which in turn alleviated the Th2-mediated immune inflammatory responses. The MC903 and agar gel groups exhibited a significant increase in the

expression of p-STAT6 in the dermis, while the groups treated with BM showed the inhibitory effect in the expression of p-STAT6, and the protein levels of GATA3 displayed similar trends (Additional file 1: Fig. S6), suggesting that as-prepared BM downregulated the nuclear transcription factor GATA3, which in turn alleviated the Th2-mediated immune inflammatory responses in the AD mouse model. The mRNA levels of GATA3 exhibited the same trend, further confirming the above conclusion (Additional file 1: Fig. S7).

Furthermore, to explore the immune regulatory mechanism of BM in the Th2-mediated AD model, we assessed  $CD4^+ / IL-4^+$  T cells in skin and spleen tissue



**Fig. 8** The effect of BM on Th2-mediated immune regulation in MC903-induced AD-like mice. The expression of (a) p-STAT6 and (b) GATA3 by IHC analysis (magnification,  $\times 100$ ). The proportion of CD4<sup>+</sup>/IFN-λ<sup>+</sup> T-lymphocytes detected by flow cytometry originated from (c) skin and (d) spleen tissue. The proportion of CD4<sup>+</sup>/IL-4<sup>+</sup> T cells detected by flow cytometry originating from skin (e) and spleen (f) tissue (n = 5)

by flow cytometry. The ratio of CD4<sup>+</sup>/IL-4<sup>+</sup> T cells was significantly elevated in the MC903 group compared to the blank group, while it was considerably decreased after BM administration in the MC903-induced AD-like mice (Fig. 8c–f), indicating that BM inhibits the Th2 cell response in the AD mouse model.

Moreover, CD4<sup>+</sup> T cells originating from the spleen were sorted and cultured overnight in the incubator with IL-4 stimulation. The GATA3 and p-STAT6 expression levels were significantly increased in the MC903 group compared to the blank group, as demonstrated by WB, whereas they were reduced in the BM2 group, illustrating that the as-prepared BM2 downregulated p-STAT6 and the nuclear transcription

factor GATA3, which in turn alleviated Th2-mediated immune inflammatory responses (Additional file 1: Fig. S8).

The above results revealed that STAT6 signalling caused the secretion of proinflammatory cytokines, thus contributing to the development of inflammation and immune regulation. As-prepared BM2 decreased the CD4<sup>+</sup>/IL-4<sup>+</sup> ratio in the skin and spleen of the mice with MC903-induced AD and downregulated p-STAT6 and the nuclear transcription factor GATA3, demonstrating that BM could suppress Th2 differentiation induced by MC903. Therefore, BM decreased the phosphorylation of STAT6 in AD lesion skin, which could be a major contribution to its anti-inflammatory function in AD-like mice.

## Discussion

The pathogenesis of AD is complex and combines genetic factors, immune dysregulation, skin barrier dysfunction and microdysbiosis [26–28]. AD is currently considered a biphasic or combined T-cell-mediated disease concerning immune dysregulation [29, 30]. A type-2 T-helper cell (Th2) signal rich in IL-4 and IL-13, predominates in the acute phase, whereas the Th2-Th1 switch promotes disease chronicity [29, 30]. Loss of barrier proteins such as FLG and IVL leads to impaired barrier function, which induces the inflammatory response [28, 29]. Similarly, inflammation can disrupt barrier function, and the two complement each other.

For mild-to-moderate AD, prescription topical anti-inflammatory treatment with topical corticosteroids (TCS) and topical calcineurin inhibitors (TCI) remains the mainstay of management [31]. However, safety concerns for TCS include theoretical risk of systemic absorption and thinning and atrophy at areas of sensitive skin [32]. Steroid concerns among patients and caregivers limits adherence. Despite a positive safety profile for crisaborole, the limited efficacy and a high frequency of local application site reactions have been problematic, and the need for additional topical agents continue [31]. Therefore, it is necessary to find new treatments. Thus, we investigated the effects of BM in the AD-like cell and mouse model, and found that BM is a potential effective agent for the treatment of AD.

Nanomaterials and nanocarriers with good rheological properties and stability have shown considerable promise in restoring skin damage [14]. Smaller nanoparticles have more opportunities to penetrate the skin and approach the lesion area, thus showing potential in the treatment and management of patients with AD. Furthermore, nanomaterials with a diameter below 500 nm could effectively penetrate the epidermis through hair follicles [33–35]. The as-prepared BM2 with a diameter of ~260 nm could permeate the epidermis through the hair follicle route. The role of nanomaterials in skin inflammation has been proven in psoriasis. The design and development of nanoparticles with anti-inflammatory effects, such as silver nanoparticles and gold nanoparticles, has been recognized as a promising strategy for the treatment of psoriasis [36]. Vinod Gangadevi et al. reported that selenium nanoparticles produce a beneficial effect in psoriasis by reducing epidermal hyperproliferation and inflammation [37]. Similarly, in the experiment, the skin lesion severity and dose-dependently recovered clinical factors (including dermatitis score, skin thickness, and H&E) were considerably improved after the administration of BM and Dex. Both BM and Dex treatment significantly improved histopathological changes, reducing the

thickness of the epidermis and the infiltration of inflammatory cells in the tissue, respectively.

This study was the first to observe the penetration process of BM in a mouse model of AD, and the first to find that BM can alleviate the phenotype of AD. IL-4 and IL-13 have been identified as important players in the pathogenesis of AD [38]. IL-4 and IL-13 increase the production of CCL17 and CCL22, which recruit Th2 cells and eosinophils, and interconnected vicious cycles develop into full-blown AD [39]. In both the cell and mouse models, the levels of IL-4, IL-13, CCL-17 and CCL-22 were down-regulated in the groups treated with BM. The decrease of Th2 inflammatory cytokines alleviated the inflammatory response to AD. Therefore, BM could effectively reduce the skin immune inflammatory response in the mice with AD.

Many barrier-related molecules expressed in the granular layer are genetically mapped to the chromosome 1q21.3 locus, which is called the epidermal differentiation complex (EDC) [40]. The downregulation of EDC molecules, such as IVL, LOR, and FLG, is the cardinal feature of the lesional skin of AD as skin barrier dysfunction [41]. In both the cell and mouse models, the levels of FLG and IVL were decreased in the group treated only with MC903, and were increased in the groups treated with BM. BM can restore barrier function by promoting the elevation of barrier proteins.

Th2 cell differentiation from naive CD4 T cells is typically dependent on the presence of IL-4 in the local cytokine milieu. Ligation of IL-4R induces JAK1/3-mediated phosphorylation and dimerization of STAT6 [42]. IL-4 and IL-13 could inhibit the expression of EDC molecules by activating the JAK1/JAK2/TYK2-STAT6 pathway in keratinocytes [41]. p-STAT6 dimers then translocate to the nucleus and induce the expression of GATA3, the so-called “master” regulator of the Th2 cell lineage [43]. The as-prepared BM2 decreased the CD4<sup>+</sup>/IL-4<sup>+</sup> ratio in the skin and spleen of AD-like mice, and downregulated the expression of p-STAT6 and GATA3. Changes in inflammatory factors and barrier proteins were also observed along with changes in p-STAT6 expression in the cell and mouse models.

According to previous literature reports, many metal oxides can adsorb phosphorylated peptides, especially the STAT family, thereby reducing the concentration in the cytoplasm [17, 18]. We speculated that the mechanism of BM in regulation of STAT6 phosphorylation was based on the selective adsorption of transition metal oxides to phosphorylated proteins. BM reduced the secretion of inflammatory factors and promote the expression of barrier proteins by inhibiting the phosphorylation of p-STAT6, thus alleviating the dermatitis phenotype of AD. Among them, BM2 exhibited the most

significant effect. The excessive Mn content could promote the release of proinflammatory factors [44], while low Mn content exhibited superoxide dismutase (SOD) enzyme activity to alleviate oxidative stress and reduce the inflammatory status [45]. The Mn content in the BM1 group was too low to activate SOD enzyme activity to alleviate oxidative stress and inflammation, while the Mn content in the BM3 group was overloaded, which promoted the emergence of innate immunity; thus, BM2 exhibited the most significant effect. Therefore, BM decreased the phosphorylation of STAT6 in AD lesion skin, which could be a major contribution to its anti-inflammatory function in AD-like mice. In summary, BM2 plays an important role in inhibiting inflammatory factors and improving skin barrier function in AD inflammatory models by inhibiting the phosphorylation of STAT6.

The toxicity of nanocarriers is tested primarily by estimating the toxicity potential in cell models and in vivo animal models [46]. In the field of nanodermatology, threats are relatively limited, as most of the topically applied products are manufactured from biocompatible lipids, phospholipids or biodegradable polymers [47–49]. In this study, there was no significant difference in the Mn levels in the heart, liver, spleen, lung and kidney. The blood biochemical indices, H&E staining of major organs, and cytotoxicity of BM suggested the biocompatibility of BM. The results also indicated that BM is taken up efficiently by HaCaT cells and effectively penetrates the thickened epidermis of AD. BM exhibited biosafety and good biocompatibility during treatment.

However, there are still many limitations in this study. First, many inflammatory pathways, such as the NF- $\kappa$ B and JAK-STAT pathways, play a role in the pathogenesis of AD, and only p-STAT6 was studied. In addition, BM2 was the most effective among the different ratios of Bi and Mn, and further studies are still needed to understand the mechanism of its activity. Finally, only cell and animal experiments were performed, and no human data were used to supplement the conclusion, so further verification of the existing results in humans is needed.

## Conclusion

$\text{Bi}_{2-x}\text{Mn}_x\text{O}_3$  hollow nanospheres (BM) were prepared via sacrificial  $\text{Bi}_2\text{S}_3$  templates, which were loaded in agar gel as STAT phosphorylation regulators for the treatment of MC903-induced AD-like mice. BM reduced the expression of IL-4, IL-13 and p-STAT6 in TNF- $\alpha$ /IFN- $\gamma$ -induced HaCaT inflammatory cells and in the MC903-induced mouse AD model, thereby effectively improving the expression of the barrier protein FLG/IVL and promoting the recovery of damaged skin. Moreover, the comparison of Th1 and Th2 cell types in mouse skin

and spleen was considerably decreased after BM administration in mice with MC903-induced AD, indicating that the as-prepared BM inhibits Th2 cell response in the AD mouse model. Thus, BM has promising prospects for use in AD therapy by reducing skin inflammation and promoting recovery of damaged skin, as well as having good skin permeability and systemic safety.

## Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s12951-023-02207-4>.

**Additional file 1:** Hematoxylin and eosin staining, immunohistochemical staining, quantitative real-time PCR, Western blot, ELISAs, abbreviation glossary, element atomic content ratio, analysed by XPS, and primers used in qRT-PCR are described in the supporting information. **Figure S1.** Hydrodynamic size distribution of  $\text{Bi}_2\text{S}_3$ , BM1, BM2, and BM3 dispersions. **Figure S2.** XPS spectra of the as-prepared BM. **Figure S3.** Relative viability of cells after 12 h incubation with BM2. **Figure S4.** BM downregulated p-STAT6 expression in TNF- $\alpha$ /IFN- $\gamma$ -stimulated HaCaT cells. **Figure S5.** Body weight status of mice in mouse experiments. **Figure S6.** Protein expression of p-STAT6 and GATA3 in the dorsal skin of mice of each group. **Figure S7.** The GATA3 mRNA levels in the dorsal skin from each group obtained by qRT-PCR. **Figure S8.** The protein expression of p-STAT6 and GATA3 in CD4<sup>+</sup>T cells from spleen and stimulated with IL-4 by WB.

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## Author contributions

ML, BC, HQ and FX designed the research. ML, BC, LX, YW, ZC, BM, SQ, YJ and CG performed the research. ML, BC, YW, ZC, BM, SQ, YJ and CG analysed the data analysis. ML, BC, LX, YW, YJ, HQ and FX wrote the paper.

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## Availability of data and materials

The data that support the findings of this study are available upon reasonable request from the corresponding author.

## Declarations

### Ethics approval and consent to participate

The mice used for animal experiments were placed in the SPF animal laboratory of the Animal Center of Anhui Medical University, which was approved by the Institutional Ethics Committee of Anhui Medical University (Animal Ethics Committee No.20190403).

### Consent for publication

All authors agree to be published.

### Competing interests

The authors declare that they have no competing interests.

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